

# GOODNESS

## *Bearing fruit at home*

### *What is goodness?*

God is good! His integrity and moral perfection are flawless. His goodness to us is evident through His grace and love. Apart from Him, there is nothing good in us. Although this side of heaven we will never be perfect, through His Spirit, God can begin the process of purifying our lives.

*Let us not become weary in doing good,  
for at the proper time we will reap  
a harvest if we do not give up.  
Galatians 6:9*

# Parents / Kids

## BEST USE

A family night activity to celebrate and share the good gifts of God

## ADVANCE PREP

Prepare or identify 5-10 items/foods/experiences that your child(ren) can sample (e.g. a slice of their favorite fruit, a fun song, the wind from a fan, a flower, a board game, a warm hug, etc.).

### *Step One*

Read Matthew 7:9-12 together.

### *Step Two*

Tell your family member(s) that you have planned a 15-minute goodness expedition. Give them clues to locate/connect to the items/experiences you have planned for them.

### *Step Three*

For each stop along the expedition, pause to give God thanks for good gifts, then discuss:

What does this good gift tell us about God's goodness?

Examples may include:

- He is an artist so He gives us beauty.
- He is joy so He gives us pleasure.
- He is love so He gives us relationships.

How might we fill our home with more of this good thing?

Examples may include:

- Play beautiful/fun music in the car while driving together.
- Eat meals together and enjoy the food/company.
- Hug/kiss/touch more often.

### *Pray*

Thank God for His goodness. Take time to focus on specific gifts that He has given that you talked about during your family time. Ask Him to help grow the fruit of goodness in your home.