

Patience is the ability to wait on God. We can trust that God is working for our best and His glory in His perfect timing. Patience with others grows as we are reminded that God is patient with us.

But if we hope for what we do not yet observe, we eagerly wait for it with patience. Romans 8:25



Parents / Teens

BEST USE

An activity with older children/teens used to discover and understand patience from a Biblical perspective

ADVANCE PREP

A Bible or device that has a Bible, index cards and something to write with

Step One

Talk about a time each of you were impatient over the last few days. What were the circumstances? What happened as a result of your impatience? How could things have gone differently if you would have shown patience instead?

Step Two

Read James 5:7-11 and Galatians 6:9. What do these passages teach us about patience? What do we know about a farmer and his crops? How does this apply to the situations in which we become impatient?

Step Three

Discuss situations where you struggle the most with patience like in your car, at school, on your team, or with a family member or friend.

Step Four

Each person take an index card and write out Ephesians 4:2. Then put the card in a place where you might need the reminder to practice patience the most (e.g. car, school locker or binder, etc.). Let this verse remind you to be patient with others and in every circumstance as God is patient with you.