

WEEKLY *Family* DEVOTIONAL

September 8, 2019

Bible Point: We can rely on God

Key Verse: "God is our refuge and strength, an ever-present help in trouble." Psalm 46:1

We learned this week how all the tribes of Israel came to David at Hebron to anoint him as king. And we heard how David relied on God and his promises when he faced difficult situations. Like David, we need to turn to God and rely on God in everything we do (2 Samuel 5:1-5; Psalm 37). Strengthen your family's faith learning and growth at home with this easy idea:

1. Talk with your children about a time you faced a situation you couldn't handle on your own. Maybe you had a fight with someone and needed someone else to step in and talk to that person in order to restore the relationship. Or perhaps you couldn't pay a bill and you asked a family member for money. Tell your children what you learned about relying on someone else and how the situation worked out in the end.
2. Ask your children to share what they think it would look like to rely on God in that situation.
3. Encourage each family member to share a difficult situation he or she is facing. Talk about ways to spend less time worrying and more time relying on God in these situations.



PRAYER

God, we know You say that we can rely on You. Help us remember to turn to You first, as David did, when we face difficult situations. Thank You for loving us and caring about the details of our lives. In Jesus' name, amen.

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