



### SUMMER BLOCK PARTY



St. Luke's "In The Beginning" Summer Kick off Block Party is Monday, June 4th. St. Luke's Children's Centers will close early at 4:00pm. Our families are invited to come

enjoy fellowship and fun as we play on the Splash Pad. We will have food, music, games, and more. In order to keep everyone safe we will be closing down Harvey Street. For this reason, children will only be allowed to attend the festivities under the supervision of their parents. We look forward to seeing you there!

### IMPORTANT DATES

Donuts with Dad: Father's Day will be on June 15th. Please take a few minutes at drop-off to enjoy a donut with your child as we celebrate YOU for Father's Day.

Vacation Bible School: June 25th-28th beginning at 9:00. The following classes will attend: Pandas, Starfish, Zebras, Ladybugs, Bunnies, Cheetahs, and Sooners.

4th of July: We will be closed Wednesday July 4th in observance of Independence Day!

Last Day of Summer Program: August 10th

### VACATION BIBLE SCHOOL

VBS is a time for kids to come to church, meet new friends, learn about God, and have fun! There will be songs, games, snacks, and lots to learn with our "Shipwrecked Rescued by Jesus" theme. If you have older children who would like to attend you can register them at [stlukesokc.org](http://stlukesokc.org) under the event tab. Please ensure that your child is here before 9am so that they can enjoy all of the VBS activities.



If your child is leaving for the summer or will be attending Pre-K/ Kindergarten at a different school please notify the front office as soon as possible, our school wide move up is in August and we are trying to plan accordingly.

The last day for the summer program and any child not continuing on with our program will be August 10th.

### KID'S KORNER

During the kicking-and-screaming chaos of the moment, tantrums can be downright frustrating. But instead of looking at them as disasters, treat tantrums as opportunities for education. Some kids may have tantrums often, and others have them rarely.

#### **Tantrums are a normal part of child development.**

Tantrums may happen when kids are tired, hungry, or uncomfortable; or because they can't get something (for example, an object or a parent) to do what they want. Learning to deal with frustration is a skill that children gain over time. Tantrums are common during the second year of life, a time when language skills are starting to develop. Because toddlers can't yet say what they want, feel, or need, a frustrating experience may cause a tantrum. As language skills improve, tantrums tend to decrease.

#### **Toddlers want independence and control over their environment**

Tips on How to avoid tantrums: Give plenty of positive attention, understanding, try to give toddler control over little things, consider the request— is it outrageous or is it reasonable, and know your child's limits.

For more information on Tantrums see <https://childmind.org/article/why-do-kids-have-tantrums-and-meltdowns/>