

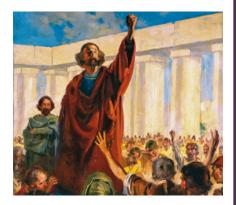
March 24, 2019

Bible Point: When we live by God's Spirit, God changes us.

Key Verse: "But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self- control" (Galatians 5:22-23).

God can change us from the inside out when we live by God's Spirit (Romans 8:9-17). Strengthen your family's faith learning and growth at home with this easy idea:

- Talk with your kids about what it means to live by God's Spirit. Not sure yourself? Check out what the Key Verse says the fruit of the Spirit is. Then come up with examples from your own life to share how God has changed your attitude or actions as you've been guided by the Holy Spirit.
- 2. Encourage your kids to think of ways God might change them as they continue to live for God.



PRAYER

God, thank You for sending Your Spirit to guide us and change us. Teach us to listen to and follow the Holy Spirit so we can be changed from the inside out. In Jesus' name, amen.

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