



Parent Report Card

Parent/Teen Dialogue

BEST USE

Discover areas to become more intentional as a parent

VALUE

Meaningful dialogue on how your teen
perceives your parenting

ADVANCE PREPARATION

- Reflect on the report card for yourself trying to assess what your teen would say. Keep in mind, the goal is to learn your teen’s perceptions, whether they are accurate or not. Two children can have entirely different opinions of the same parental patterns. Understanding a child’s perceptions of our actions helps us do a better job of meeting their unique needs.
- Decide upon a context within which to ask your teen to grade you. You might consider the day after your child brings home a school report card or progress report. Pray for courage in order to humbly accept input that may surprise you or be hard to hear.

SET IT UP

- Say: “Tonight I want you to fill out a report card that will help me understand areas I might need to ‘study’ a little harder. There are several things God expects me to do as your father/mother and I want your input on how well I am doing.”
- Do NOT comment on any of the input. Thank your teen and discuss the input with your spouse and/or a trusted friend who can help you create a “study plan” to strengthen the relationship with your teen.

PARENT REPORT CARD

Grade	Description	Grade	Description
_____	Shows me he/she loves me	_____	Makes the family a priority
_____	Shows concern for my feelings	_____	Is fair in his/her decisions
_____	Spends enough time with me	_____	Gives me the right number of chores
_____	Listens to what I say	_____	Disciplines me when I deserve it
_____	Gives me appropriate trust	_____	Admits when he/she is wrong
_____	Enjoys being with me	_____	Controls his/her anger and words
_____	Is truthful with me		

OVERALL GRADE _____

On a scale of 1-10 (10 being best) what kind of relationship do you want to have with your parent? _____

Considering all things, on the same scale, where are you today in your relationship with your parent? _____

What are 1-3 things your parent could do for you to make your relationship better than ever? _____