

# WEEKLY *Family* DEVOTIONAL

February 11, 2018

## **Bible Point** - We turn to Jesus when we're afraid

**Key Verse:** "Cast all your anxiety on him because He cares for you." 1 Peter 5:7

Jesus calmed the storm (Mark 4:35-41) and He will help us when we're afraid. Strengthen your family's faith, learning and growth at home this week by doing the following:

1. Talk about a time you or a member of your family felt afraid. Maybe your child struggled with being afraid of the dark. Or perhaps you were scared when your child wandered off in a store.
2. Discuss the following: Tell about a fear you can ask God to help you with right now. What can you do to give that fear to God? What difference does it make to know that God will take care of us?
3. Pray: God, please help us when we're afraid. Remind us that Jesus is with us no matter where we go or what we face. In Jesus' name, amen.

