

Things You
Won't
Regret

Eighteenth Sunday After Pentecost
October 8, 2017
at Ten Fifty A.M.



St. Luke's
United Methodist Church

WELCOME TO ST. LUKE'S UNITED METHODIST CHURCH

We're so glad you've joined us for worship this morning. Our mission is to share God's love and bring hope to the world. We hope you leave here today inspired by a message of hope and ready to embrace life in the week ahead.

Hymnals, Bibles, large print bulletins and hearing assistance devices are available in the Narthex.

Children's Ministry is available during the worship service for infants - 5th grade.

Parents with active or tearful children can watch a live feed of the service in the Watchorn Chapel. A children's activity bag is also available in the Narthex.

A Hospitality Team member is at the Welcome Center to help.

SERVICE OF WORSHIP

(†Those who are able, please stand in honor of God.)

PRELUDE

Antonio Vivaldi

The Seasons (Autumn)
Robert Fasol, organist

RINGING OF THE BELLS

†HYMN 160

MARION

Rejoice, Ye Pure in Heart

Rejoice, ye pure in heart; rejoice, give thanks, and sing; your glorious banner wave on high the cross of Christ your King. Rejoice, rejoice, rejoice, give thanks and sing.

Your clear hosannas raise, and alleluias loud; whilst answering echoes upward float, like wreaths of incense cloud. Rejoice, rejoice, rejoice, give thanks and sing.

Yes, on through life's long path, still chanting as ye go; from youth to age, by night and day, in gladness and in woe. Rejoice, rejoice, rejoice, give thanks and sing.

Praise God Who reigns on high, the Lord whom we adore, the Father, Son and Holy Ghost, one God forevermore. Rejoice, rejoice, rejoice, give thanks and sing.

†CALL TO WORSHIP

Rev. Phil Greenwald

We see the blessing of a life well-lived;
one that finds joy and meaning,
one that makes a difference,
one that has no regrets.

This doesn't happen by chance;
it is through intentionality,
choosing the things of value,
focusing on what matters.

We do not have to wait on others to behave the way we want
or for circumstances to be perfect.

Here and now we are God's children,
and have the choice to live without regret.

†AFFIRMATION OF FAITH

As a family of faith, let us affirm our faith together.

I believe in God the Father Almighty,
maker of heaven and earth,
and in Jesus Christ, His only Son, our Lord:

Who was conceived by the Holy Spirit, born of the virgin Mary,
suffered under Pontius Pilate, was crucified, dead, and buried;

The third day He rose from the dead;

He ascended into heaven,

and sitteth at the right hand of God the Father Almighty;
from thence He shall come to judge the quick and the dead.

**I believe in the Holy Spirit;
the holy catholic* church; the communion of saints;
the forgiveness of sins; the resurrection of the body;
and the life everlasting. Amen.**

(* universal)

†GLORIA PATRI

MEINEKE

Glory be to the Father and to the Son and to the Holy Ghost; as it was in the beginning, is now and ever shall be, world without end. Amen. Amen.

CALL TO PRAYER

Rev. David Poteet

The peace of the Lord be with you.
And also with you.

CHORAL CALL TO PRAYER

*To God the Holy Spirit let us pray most of all for faith upon our way.
Lord, have mercy! - Martin Luther*

PASTORAL PRAYER

THE LORD'S PRAYER

Our Father, who art in Heaven, hallowed be Thy name. Thy kingdom come. Thy will be done on earth, as it is in Heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For Thine is the kingdom, and the power, and the glory, forever. Amen.

CHORAL RESPONSE

SACRAMENT OF BAPTISM

Gavin Thomas Hinds, son of Devin and Katie Hinds, born on March 7, 2017.

BAPTISM SONG

*Gavin, Gavin God claims you. God helps you, protects you and loves you too.
We this day do all agree a child of God you'll always be. Gavin, Gavin God claims you. God helps you, protects you and loves you too.*

CONGREGATIONAL RESPONSE

With God's help, we will so order our lives after the example of Christ, that Gavin surrounded by steadfast love, may be established in the faith and confirmed and strengthened in the way that leads to life eternal.

ANTHEM

arr. Ed Lojeski

Just a Closer Walk with Thee
Chancel Choir
Robert Fasol, piano/conductor

I am weak, Thou art strong. Jesus keep me from all wrong. I'll be satisfied as long as I walk, let me walk, close to Thee. Through this world of toil and snares, if I falter, Lord, who cares? Who with me my burden shares? None but Thee, dear Lord, none but Thee.

Just a closer walk with Thee. Jesus, grant my humble plea! Daily walking close to Thee. Let it be, dear Lord, let it be.

When the journey here is o'er, time for me will be no more. Guide me to Thy distant shore, to Thy shore, oh dear Lord, to Thy shore.

Just a closer walk with Thee. Jesus, grant my humble plea! Daily walking close to Thee. Let it be, dear Lord, let it be.

LIFE AT ST. LUKE'S

Rev. Wendy Lambert

DEDICATION OF TITHES AND OFFERINGS

Dr. Robert E. Long

OFFERTORY

R. Nowels and J. Mraz

Living in the Moment
 Andrew Maguire, soloist
 Robert Fasol, piano

If this life is one act, why do we lay all these traps? We put them right in our path when we just want to be free. I will not waste my days making up all kinds of ways to worry about all the things that will not happen to me. So I just let go of what I know I don't know.

And I know I only do this by living in the moment, living my life, easy and breezy with peace in my mind, with peace in my heart, with peace in my soul. Wherever I'm going, I'm already home, living in the moment.

I'm letting myself give thanks for the things You've done. I let my past go past, and now I'm having more fun. I'm letting go of the thoughts that do not make me strong. And I believe this way can feel the same for everyone. And if I fall asleep, I know You'll be the one who'll always remind me to live in the moment, living my life, easy and breezy, with peace in my mind, with peace in my heart, with peace in my soul. Wherever I'm going, I'm already home.

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†DOXOLOGY

OLD 100th

Praise God, from Whom all blessings flow; praise Him, all creatures here below; praise Him above, ye heavenly host; praise Father, Son, and Holy Ghost. Amen.

†OLD TESTAMENT LESSON

Susan Easttom

For everything there is a season, and a time for every matter under heaven: a time to be born, and a time to die; a time to plant, and a time to pluck up what is planted. (Ecclesiastes 3: 1-2)

This is the Word of the Lord.

Thanks be to God.

SERMON

Dr. Robert E. Long

A Time to Give Thanks
 From the Sermon Series: Things You Won't Regret

INVITATION TO CHRISTIAN DISCIPLESHIP

If you desire to become a member of St. Luke's United Methodist Church, please refer to the announcement insert for additional information.

MUSICAL REFLECTION

Pete Seeger

Turn! Turn! Turn! (To Everything There Is a Season)
 Robert Fasol, piano

†HYMN

GALILEE

For Each Day of Life We Thank You

For each day of life we thank You, God, the giver of all days; and with hearts filled with thanksgiving, we would serve You, now, always.

As in days of youthful vigor, may we in all later years know the joys of useful purpose; free us from our anxious fears.

Give us dreams and inner vision of a new world to be gained, where all people live together, by each other's love sustained.

May the insights gained from living be a light upon the way, guiding us, and those to follow, to a brighter, better way.

†SENDING FORTH

Dr. Robert E. Long

We leave the time of worship,
but continue in praise and gratitude.
We have the gift of life
and the choice of how to live it.
We commit to a life of gratitude
and a life without regret.

POSTLUDE

J.S. Bach

Concerto (A Minor)
Robert Fasol, *organist*

LEADING IN WORSHIP

Dr. Robert E. Long
Senior Pastor

Rev. Wendy Lambert
Senior Executive Pastor

Rev. Phil Greenwald
Executive Pastor of Administration

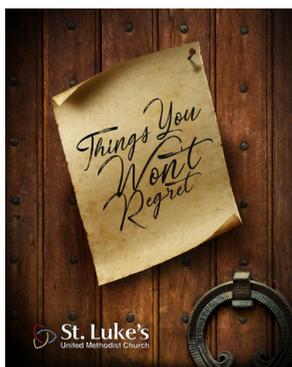
Rev. David Poteet
Pastor of Congregational Care

Susan Easttom
Director of Children's Ministry

Musicians
Robert Fasol, Organist/Choirmaster
Chancel Choir
Andrew Maguire, Soloist

The flowers in the Chancel this morning are given to the glory of God:
Given by Frances Norman for her granddaughter, Britney Morris' wedding to Ryan Kirk and in memory of Britney's grandfather, Charles Norman

Sermon Notes



We all have done things that we wish we hadn't. But there are some things we can do that we will never have to regret - being kind to someone, saying "thank you," helping someone in need. Wouldn't it be nice to live without regret? We can live a life of joy and meaning when we focus on others first. Join us as we explore the most significant things we will never regret.



St. Luke's

United Methodist Church

Dr. Robert E. Long

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Rev. Dave Poteet

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Rev. Keith King

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Rev. Phil Greenwald

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Rev. Josh Attaway

Edmond Campus Pastor

jattaway@stlukesokc.org

Rev. Connie Barnett

Asbury Campus Pastor

cbarnett@stlukesokc.org

Congregational Care Ministry

The St. Luke's family of faith desires to extend care to you in the times of concern and joy and all that is in-between. Please write your prayer concerns on an attendance card during Sunday services or email to ccm@stlukesokc.org. You may also call 232-1371 with your prayers concerns.

Faith Partners

Faith Partners seeks to educate, refer and walk with people along their journey towards recovery from addiction. If you or someone you love struggles with addiction and would like help, please go online to faithpartners.stlukesokc.org or email to ccm@stlukesokc.org.

Radio Programming

Listen to "Something to Think About" with Dr. Bob Long between 7:30 a.m. and 8 a.m. on following radio stations: 98.1 The Sports Animal and Magic 104.1. The sermon can be heard on KREF AM 1400 at 9:30 a.m. every Sunday morning.

TV Programming

St. Luke's Traditional service can be seen as a half-hour television program on KOCO channel 5 at 10:30 a.m. every Sunday morning. CDs are available in Threefold or contact Bev Barnes at 232-1371. We will be glad to mail a copy of the service to you. Cost is \$5 for a CD or \$10 for a DVD.

Online Worship Service

If you are unable to attend worship on any Sunday, you can join us online for the 10:50 a.m. Traditional Worship Service broadcast live from the Downtown Campus. You can watch on your computer, smartphone, or tablet. Simply look for the "Online Worship" link on the stlukesokc.org website. A link is also available on the St. Luke's App.

Welcome to Our Newest Members Joining in September:

Downtown: Rallene and Bruce May, Taylor and Martin Brady, Deven and Rod Vernon, KT and Fred Morton, Dawn Wilson, Katie and John Stachowiak

Edmond: Emily Allan, Kelly Marose, Melanie Pickering and Colton Cheap, Anne and John Morris, and Lacy Michels



Communication Card

Date _____

Worship Service: 8:30 9:40 10:50

Mr. / Mrs. / Ms. _____

Name _____

Address _____

City _____ State _____ ZIP _____

Home Phone _____ Cell Phone _____

Email _____

- 1st Time Guest
- 2nd Time Guest
- Regular Guest
- St. Luke's Member

Names and Birth Dates of Children With You

Announcements

Call (405) 232-1371 for more info or visit stlukesokc.org.



Fall Festival of Treats

It's almost time to celebrate the "Fall Festival of Treats" - one of the kids' favorite events of the year! Your child will have a blast on October 25 at 6 p.m. in the South parking lot at St. Luke's (NW 14th & Harvey Ave). We'll have Trunk or Treat, where kids can safely visit decorated cars with trunks full of candy, inflatables to burn off some of that candy energy, and a Spooky Organ Concert to cap a perfect evening! We still need volunteers to make "Trunk or Treat" better than ever. If you'd like to provide a trunk, sign up online at stlukesokc.org.



El Sistema Oklahoma Fall Concert This Afternoon!

Witness the power of music to transform young lives! You're invited to the El Sistema Fall Concert this afternoon at 2 p.m. on The Great Lawn at Myriad Gardens. The children have been exploring our theme, "What makes a community strong?" We offer this concert to celebrate our El Sistema Oklahoma community and all those who support our children. It's free and open to the public, so bring your lawn chairs!



Edmond Campus Anniversary

You are invited to the One Year Anniversary Celebration on October 15 to celebrate all that has happened this year! After each service, there will be free food trucks as well as a special groundbreaking ceremony for the courtyard at 12:30 p.m. Bring a friend to worship at 9:15 or 11 a.m. and have fun with your family of faith at the celebration!

Remembering Your Loved Ones

A new "Memorial Wall" is located in the St. Luke's Columbarium and Memorial Garden, directly east of the Sanctuary. This granite wall has spaces for 500 bronze plaques which may be purchased and engraved with the names of one or two-loved ones. It is a beautiful and sacred space to remember and honor people who are buried in other locations. More information on the Memorial Wall can be found online at stlukesokc.org/give. You can place your order online or by contacting Roxanne Lloyd, 609-1019 or rlloyd@stlukesokc.org.

Prayer Requests or Questions: _____

How did you first hear about St. Luke's?

- TV Radio Web Other
 I'm a guest of _____.

Age Group

- 6th-12th Grade College 18-30
 31-40 41-50 51-59 60+

I would like more info about:

- Children's Programs
 Youth (6th to 12th grade) Programs
 Classes for Adults
 Volunteer Opportunities
 Other _____

Joining

- I wish to join St. Luke's
If you wish to join St. Luke's this morning, please bring this card to the front during the last song instead of placing it in the offering basket.
- I would like to know more about membership.
- I'm interested in joining but don't want to come to the front.
- Contact me about other ways to join.

Announcements

Call (405) 232-1371 for more info or visit stlukesokc.org.

Children's Christmas Program Rehearsals

Rehearsals for this year's Children's Christmas program - "Wrapping All the Way" starts next Sunday, October 15. Rehearsals will run from October 15 - December 3, noon - 2 p.m., Children, 1st - 5th grades are welcome to be in the chorus. A parent will need to complete paperwork on October 15. Kindergarten children may participate if an adult attends rehearsals with them. For details, contact Susan Easttom at seasttom@stlukesokc.org, or call 609-1036.

Mission Trips to Houston

There is just one trips left to help with the cleanup in Houston: October 18 - 21. The cost of the trip is free, we only ask that participants plan on paying for their own meals. For more information and to sign up, go online to stlukesokc.org/Harvey. You can give to support this mission trip by texting STL Relief to 73256 to give to the Disaster Relief.

Wednesday Night Alive

Come and join your Family of Faith on Wednesday evenings at Wednesday Night Alive! The menu for the next WNA is brisket, smoked sausage, baked potato salad, roasted brussel sprout and cauliflower, and dessert. Dinner will be served at 5:15 p.m. (\$5 for adults - children 12 and under eat free). Classes start at 6:30 p.m. More information about classes is online at stlukesokc.org/wna.



Youth Fall Retreat

Get away from all the busyness of the world and spend a weekend growing in your faith with your Youth Group friends. The "Youth Fall Retreat," November 17-19 at Oakridge Camp near Anadarko, is a great opportunity for 6th-12th grade students to meet new people and develop a deeper connection with God. There will be worship, small groups, and fun activities like outdoor laser tag, go-carts, 9 square, ropes course, and more! The cost is \$125, but discounts are given for regular Sunday School attendance and Wednesday night youth. Register at stlukesokc.org - or contact Amy Givens at agivens@stlukesokc.org, or call 609-1027.

Youth Service Day Today

Our St. Luke's Youth Ministry will continue its commitment to serving the community. All 6th-12th grade youth are invited to "Youth Service Day" today from noon to 3 p.m. All you have to do is show up, and we'll provide the lunch. We promise you'll have fun during this service project!

Guys vs. Girls Competition

All youth - get ready for a friendly Guys vs. Girls competition next week! 6th-12th grade students are invited to play a series of games on Sunday, October 15, from 12-2 p.m. in the Youth Room. There's no cost, and lunch is provided.